

# Vegan Dinner Menu

## Week One

Week commencing:

3<sup>rd</sup> November, 17<sup>th</sup> November, 1<sup>st</sup> December, 15<sup>th</sup> December



	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Main</u>	Cheese and tomato pasta	Rainbow Power Bowl	Baked vegan sausage	Jacket Potato with Cheese	Crispy vegetable fingers
<u>Vegetarian</u>					
<u>Sides</u>	Sweetcorn and salad bar	Rice and green beans	Roast Potatoes, vegetables and gravy (optional)		Chips and peas
<u>Alternative</u>	Jacket Potato with beans	Jacket Potato with Cheese or Roll* with cheese		Roll* with cheese	Jacket Potato with beans
<u>Dessert</u>	Fruit in jelly	Vegan chocolate muffin	Viennese biscuits	Flapjack	Alpro yoghurt

Roll\* - Years R, 1 & 2 soft rolls

Years 3, 4, 5 & 6 baguettes

**A selection of water and fresh fruit juice is available everyday**

# Vegan Dinner Menu

## Week Two

Week commencing:

10<sup>th</sup> November, 24<sup>th</sup> November, 8<sup>th</sup> December,



	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Main</u>	Margherita Pizza	Mild sweet potato curry	Roasted herby fillet	Jacket Potato with cheese	Crispy veg dippers
<u>Sides</u>	Salad bar	Rice and broccoli	Roast potatoes, veg and gravy (optional)		Chips and peas/beans
<u>Alternative</u>	Jacket Potato with beans	Jacket Potato with cheese or Roll* with cheese		Roll* with cheese	Jacket Potato with beans
<u>Dessert</u>	Selection of fresh fruit or Alpro dessert	Shortbread	Fruit crumble	Chocolate muffin	Fresh fruit

Roll\* - Years R, 1 & 2 soft rolls

Years 3, 4, 5 & 6 baguettes

**A selection of water and fresh fruit juice is available everyday**