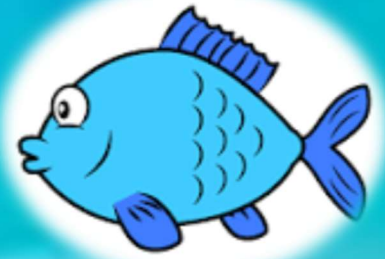


Gluten Free Dinner Menu

Week One

Week commencing:

3rd November, 17th November, 1st December, 15th December



	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Main</u>	Cheesy bean pasta bake	Magic garden chicken	Baked sausage	Savoury mince	Bubble Fish
<u>Sides</u>	Sweetcorn and salad bar	Rice and green beans	Roast potatoes, veg and gravy (optional)	Mashed potato, broccoli and gravy (optional)	Chips, peas and sweetcorn Salad bowl
<u>Alternative</u>	Jacket Potato with beans or butter	Rainbow power bowl or Jacket potato with cheese or butter	Jacket Potato with tuna mayonnaise or butter	Jacket Potato with cheese, chilli or butter	Jacket Potato with beans or butter
<u>Dessert</u>	Fruit in jelly	Chocolate cake	Variety of biscuits	Fruit whip	Yoghurt

Gluten Free Dinner Menu

Week Two

Week commencing:

10th November, 24th November, 8th December



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Margherita or
Pepperoni Pizza

Homemade chicken
goujons

Roast Gammon

Pasta
Bolognaise

Bubble Fish

Sides

Sweetcorn and salad
bar

Rice and broccoli
chip shop curry
sauce(optional)

Roast Potatoes, peas,
carrots and gravy
(optional)

Salad bar
Gluten free bread

Chips and peas

Alternative

Jacket Potato with
beans or butter

Sweet potato curry or
Jacket Potato with
cheese or butter

Jacket Potato with
tuna mayonnaise or
butter

Jacket Potato with
cheese, chilli or
butter

Jacket potato with
beans or butter

Dessert

Selection of fresh fruit
and yoghurt

Biscuit

Selection of Fruit

Sponge cake

Biscuit