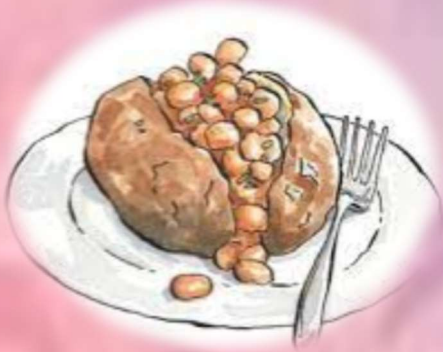


Vegan Dinner Menu

Week One

Week commencing:

2nd Sept, 16th Sept, 30th Sept, 14th Oct



	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Main</u>	Pizza Whirls	Summer bean ragu	Veggie burger in a bun	Vegan Cheese & Tomato Bake	Veggie sausage twist
<u>Vegetarian</u>	Omelette				
<u>Sides</u>	Sweetcorn	Savoury rice and Green beans	Crispy cubes and beans	Homemade bread and Broccoli	Chips, sweetcorn and peas
<u>Alternative</u>	Jacket Potato with Vegan Cheese	*Roll with vegan cheese*	Jacket Potato with Beans	Jacket Potato with Vegan Cheese	Jacket Potato with Vegan cheese
<u>Dessert</u>	Selection of fresh fruit & Alpro yoghurt	Vegan chocolate muffin	Fresh fruit salad and flapjack	Fresh fruit	Ice Lolly

*****Please note vegan and gluten free menus are available upon request*****

Roll* - Years R, 1 & 2 soft rolls

Years 3, 4, 5 & 6 baguettes

A selection of water and fresh fruit juice is available everyday

Vegan Dinner Menu

Week Two

Week commencing:

9th Sept, 23rd Sept, 7th Oct, 21st Oct

Monday

Tuesday

Wednesday

Thursday

Friday

Main

Veggie Meatballs in a
Tomato sauce

Vegetable
Curry

Herby Quorn
Fillet

Vegan cheese &
Tomato Pizza

Vegan cheese
Quesadilla

Vegetarian

Sides

Pasta, broccoli and
carrots

Rice, Cucumber and
Tomato salad with
Naan bread

Roast Potatoes,
seasonal vegetables,
and gravy

Couscous, sweetcorn
and pepper salad

Chips, beans or
peas

Alternative

Jacket Potato with
vegan cheese

*Roll with vegan
cheese*

Jacket Potato with
Beans

*Roll with vegan
cheese*

Dessert

Selection of fresh fruit
and Jelly

Shortbread
biscuit

Alpro
Yoghurt

Vegan chocolate
muffin

Selection of fresh
fruit

*****Please note vegan and gluten free menus are available upon request*****

Roll* - Years R, 1 & 2 soft rolls

Years 3, 4, 5 & 6 baguettes

A selection of water and fresh fruit juice is available everyday