

## Intent, Implementation & Impact Report for Physical Education (PE)

### Intent

Burnham-On-Crouch Primary School believes that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health. We intend to deliver **high-quality teaching and learning opportunities** that inspire all children to succeed in physical education and in **developing life skills**. We want to teach children skills to keep them safe such as being able to swim. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed **life-long values**. Our curriculum aims to improve the wellbeing and fitness of all children at Burnham on Crouch Primary School, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.

### Implementation

- PE at Burnham on Crouch Primary School provides challenging and enjoyable learning, that promotes **knowledge development** through a range of sporting activities including; invasion games, net & wall games, striking and fielding games, gymnastics, dance, swimming and outdoor & adventure.
- The long term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.
- Pupils participate in high quality PE lessons each week, with our PE specialist. In addition, children are encouraged to **participate in the varied range of extra-curricular activities**.
- Children are invited to attend **competitive sporting events** within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also **develop teamwork and leadership skills** and are very much enjoyed by the children.
- All of our children swim once a week for the entire Summer Term.
- The “Daily Mile”, is very much part of our daily school routine, to help meet the government target of all children being active for at least 60 minutes a day.

### Impact

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success and participation of competitive sports. We equip our children with the necessary skills and a love for sport. They will hopefully grow up to live happy and healthy lives utilising the **skills and knowledge** acquired through PE.

