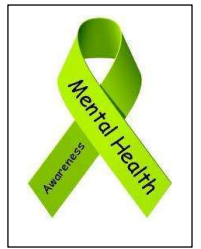


# Mental Health Curriculum Overview 23/24



	Autumn 1 Worry/anxiety/anger	Autumn 2 Emotions/feelings	Spring 1 Empathy/kindness	Spring 2 Self-esteem/self-belief	Summer 1 Differences/diversity	Summer 2 Bravery/courage/Fear / perseverance
EFYS	The Worrysaurus	The Bear Who Stared	Harry The Happy Mouse	I like Myself	It's Okay To Be Different Or The Odd Egg	Be Brave Little Penguin
Year 1	Ruby's Worry	The Last Chip	The Little Cloud that Poured	Some Dogs Do	The Mixed Up Chameleon	The Lion Inside
Year 2	The Koala That Could	Have You Filled A Bucket Today?	Kindness is my Super Power	Sully the Sea Horse	Elmer	The Wolf's Colourful Coat
Year 3	Silly Billy	Not Now Bernard	Monty The Manatee	Giraffes Can't Dance	Not Like The Others	The Wolf, The Duck and the Mouse Or Whoever Heard of a Flying Bird
Year 4	The Huge Bag Of Worries or Wilma Jean The Worry Machine	The Tear Thief	Be Kind or The Invisible Boy	The Dot	The Boy with Pink Hair	The Black Dog
Year 5	The Arrival (illustration book)		King of the Sky	My name is Jazz	Leaf	Malala's Magic Pencil or Life Doesn't Frighten Me (Illustrated poem)
Year 6	Angry Arthur Or I am Angry (Michael Rosen- Poetry) <a href="https://www.youtube.com/watch?v=G93ECKkscYU">https://www.youtube.com/watch?v=G93ECKkscYU</a>	The Red Tree	Kindness Poetry e.g. If I could Catch a rainbow by Sandra Lewis Pringle	The Ugly Duckling	The Lost Thing	The Wolves in the Wall

