

# BURNHAM PRIMARY SCHOOL

## PE, School Sport and Physical Activity at Burnham Primary by Mr Proudfoot

Our school has worked hard over the last few years to deliver outstanding lessons for our children, to provide before and after school PE clubs and look at different ways of boosting our children's levels of activity. Unfortunately the negative impact of the pandemic was devastating for sports clubs and fixtures, but I am pleased to say the opportunities for our children are steadily increasing.

This special newsletter is to share some of our recent sporting events.

### Football returns!

At long last we were finally been able to attend a sports event! We travelled to All Saints Primary in Maldon for a fantastic afternoon of football.

Organised by William De Ferrers School Sports Partnership, we played two games. Losing 1-0 to Maylandsea, we then regrouped and played some determined and energised football, beating All Saints 2-0.

Our players demonstrated sportsmanship and were excellent representatives for our school. With plenty of Essex Cup fixtures fast approaching this group of players have some exciting potential.



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## Football

A great week for sport as more of our children had the opportunity to represent our school.

In football, our Year 6 team hosted St Peters Catholic who travelled over from Billericay. We were drawn against them in the Essex Parish Cup competition.

Once they arrived and both teams had warmed up we played some excellent, flowing football. At half time the teams were drawn 2-2, setting up an exciting 2nd half. Unfortunately, St Peters had a lot more shots on goal than us and ultimately secured an impressive 5-3 win! We wish them the best of luck in the next round and eagerly look forward to our future fixtures.



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## KS1 Sport

Some children from Year 1 were selected to take part in a KS1 sports event. 10 children climbed aboard a coach as we travelled to St Cedds Primary School in Bradwell. Some of our children were a little wary, but soon got highly energised, taking on 3 different sports circuits requiring balance, body control and co-ordination. They then worked as a team to play some balloon volleyball! The children were superb ambassadors for our school and definitely enjoyed their afternoon of sport. Many thanks to St Cedds for hosting the event and William De Ferrers High School for delivering the event.





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In the final week of term it was another busy week of sport alongside our PE lessons, before and after school clubs.

The Girls Football team travelled over to William De Ferrers for a fun afternoon of football. Playing against some highly skilled teams in action packed 10 minute games our girls found it difficult to get many shots on goal. However, they persevered making some good passes and committed tackles. Unfortunately we did not manage to win any of our games, but hopefully this competition gave our girls a little more match play experience.



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The following day a 20 strong Dodgeball squad walked down to the Dengie 100 Sports Centre in Burnham, accompanied by Mr Keene and Mrs Owen.

This was a tournament for schools based in the Dengie area and some exciting games of dodgeball were played in great spirit. Dodging, ducking, diving and catching made this a fun tournament for all the children taking part. Although we did not win many games the Yr 6 squad returned to school just after lunch energised by their participation in a fun, fast paced tournament!





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## Brilliant Bowlers!

It was great to make a return to Panathlon events after such a long time. We were invited over to the Hollywood Bowling Alley in Basildon and climbed aboard our minibus to travel to the venue.

We played 1 game against lots of primary schools from across Essex and had a fantastic time. Some of our children managed to get some "spares" (when you knock over all the pins in 2 bowls) and 1 child even got a "strike"!!

Although we did not win the event, all of our team had a great time and were great ambassadors for our school.

Mr Proudfoot



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## Beau Boler Swimming

We would like to congratulate Beau Boler on his swimming achievement over the summer break.

Beau has intense 1 on 1 swimming lessons, and also attended crash courses during the summer. Beau has been swimming an amazing 800 meters which is the equivalent of 32 lengths of a 25 meter pool or even half a mile!!!

At just 7 years of age he has completed this distance by doing three strokes, so a mixture of breaststroke, backstroke and front crawl.

Well done Beau – keep up the hard work!



Well done to all the children that have not only represented our school so far, but also the children who show commitment and determination by attending clubs each week.

Finally, please also remember that as a whole school we still continue to participate in the "Daily Mile" on a daily basis, for which our whole school community should be congratulated.

Mr Proudfoot